JIFFY Foodservice, LLC
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CMC®

Quality & Value

Blueberry Muffin Mix

Nutrition Facts

about 144 Servings Per Container

Serving size **1/2 cup mix (79g) (amount for one, 4 oz muffin)**

Amount per serving

Calories **300**

	% Daily Value*
Total Fat 4.5g	**6%**
Saturated Fat 2g	**10%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 550mg	**24%**
Total Carbohydrate 61g	**22%**
Dietary Fiber 1g	**4%**
Total Sugars 25g	
Includes 25g Added Sugars	**50%**
Protein 4g	
Vitamin D 0mcg	0%
Calcium 196mg	15%
Iron 2mg	15%
Potassium 23mg	0%
Thiamin 0.2mg	20%
Riboflavin 0.2mg	15%
Niacin 2mg	15%
Folate 76mcg DFE	20%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients
Wheat Flour, Sugar, Bleached Wheat Flour, Dextrose, Palm Oil and/or Soybean Oil, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate, Tricalcium Phosphate), Salt, Fructose, Blue 2 Lake, Citric Acid, Red 40 Lake, Wheat Protein Isolate (Wheat Gluten, Lactic Acid, Sulfite), Corn Starch, Soy Lecithin, Natural and Artificial Flavor, Maltodextrin, Silicon Dioxide, Acacia Gum, Oat Fiber (Sunflower Lecithin, Tocopheryl Acetate), Enrichment Blend (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid).

Contains
Soy, Wheat

Manufacturer	JIFFY Foodservice, LLC
Brand	CMC
Item Number	00990
SKU	4670200990
GTIN	20846702009903
Pack Size	25lbs
Pallet Quantity	65
TI/HI	5/13
Gross Weight	1695 lbs
Net Weight	1625 lbs
Cube (cub ft)	52
Pallet Size	40" x 48" x 47"
Code Information	Best if used by date
Shelf Life	12 Months

	25 lb Basis	5 lb Basis
Blueberry Muffin	25 lb mix	5 lb mix
Water	11¼ lb (5⅝ quarts)	4½ cups (1⅛ quart)

Method

- Use a mixer with paddle attachment.
- Pour water into mixer bowl. Add Blueberry Muffin Mix.
- Blend on low speed* for 1 minute.
- Stop mixer. Scrape bowl and paddle.
- Blend on low speed* for 1 more minute.
- Stop mixer. Scrape bowl and paddle.
- Bake according to the table below:**

Las instrucciones en español están al reverso.

Standard Oven	**400°F for 12 – 16 minutes****
Convection Oven	**350°F for 10 – 14 minutes****

* Low speed is 1st speed on a 3-speed mixer or 2nd speed on a 4-speed mixer.
** Baking time may vary depending on the oven and oven load.

Yield and Scale: The batter from 25 lb Blueberry Muffin Mix will make:
284 standard - 2 oz muffins (scale 2¼ oz muffin batter or use a #20 disher)
150 jumbo - 3¾ oz muffins (scale 4 oz muffin batter or use a #10 disher)

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Product information and packaging are subject to change. For the most current information regarding a particular product, please refer to the product package.